

PRAYER FOR WHEN YOU NEED TO OVERCOME FEAR

Key Scripture: *For God hath not given us the spirit of fear, but of power, and of love, and of a sound mind (2 Timothy 1:7).*

Key Thought: Fear knocked at the door. Faith answered. No one was there.

Prayer: Dear Lord, I thank and praise You for the fact that You are my light and salvation. Of what, then, shall I be afraid? You are the strength of my life; of whom shall I be afraid?¹ I will not be afraid of sudden fear or any other kind of fear, because You, Lord, are my confidence and I know You will keep me safe at all times.²

You have given great peace to me, and You have told me, *“Don’t let your heart be troubled, and don’t let your heart be afraid.”*³ Thank You for the gift of peace You’ve given to me through Your Son, Jesus Christ.

I am so very grateful, Father, that I have not received the spirit of bondage to fear. Instead, I have received the Spirit of adoption that causes me to cry, *“Abba, Father.”* Thank You for adopting me into Your family.⁴ Father, I know You are my Helper. Therefore, I will never fear what men can do to me.⁵

It’s a wonderful realization to know that there is no fear in Your love. In fact, I rejoice in the certainty that Your perfect love casts out all fear from my life.⁶ Thank You for delivering me from the torments of fear. You have not given me a spirit of fear, for You have given me a spirit of power, of love, and of a sound mind.⁷ Fill me with Your love now as I receive it by faith in Your promise.⁸

References: (1) *Psalm 27:1*; (2) *Proverbs 3:25-26*; (3) *John 14:27*; (4) *Romans 8:15-16*; (5) *Hebrews 13:6*; (6) *1 John 4:18*; (7) *2 Timothy 1:7*; (8) *Mark 11:24*.

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