

PRAYER FOR OVERCOMING LUST AND SEXUAL SIN

Key Scripture: “*But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death*” (James 1:14-15).

Key Thought: Overcome lust with trust.

Prayer: Heavenly Father, thank You for Your great faithfulness in my life. I rejoice in the certain knowledge that You will not permit me to be tempted above my ability to resist. When temptation comes, You will make a way for me to escape, and this will enable me to bear it (*1 Corinthians 10:6-13*). Help me always learn from Your truths and teachings in Your Word, Father, which reveals what happens when lust is fulfilled. Because of these realities, with Your help, I will always flee from lust (*Romans 1:27-32*).

Lord, I choose to flee from lust, because I know You will empower me to follow righteousness, faith, charity (love), and peace with all who call on you out of a pure heart (*2 Timothy 2:22*). Thank You, Lord, for enabling me to abstain from all fleshly lusts that war against my soul (*1 Peter 2:11*). Thank You for keeping me and helping me abstain from all appearances of evil (*1 Thessalonians 5:22*). I treasure Your truth, and I hide Your Word in my heart so that I might not sin against you (*Psalms 119:11*).

I shall keep my body under, and bring it in subjection to my spirit (*1 Corinthians 9:27*). I am an overcomer. And through the strength and power of Christ Jesus, I have the power to overcome the lust of the world (the lust of the eyes, lust of the flesh, and the pride of life). For these things are not of God, but of the world (*1 John 2:16*).

By the authority of Christ Jesus, I cast down every imagination of lust in my mind and in my heart. I also cast down every high spirit of seduction, lust, and lasciviousness that exalts itself against the knowledge of God. And with the Word of God, I bring into captivity every impure, unclean, ungodly, and immoral thought to the obedience of Christ (*2 Corinthians 10:5*).

I am prayerful and watchful in the Holy Ghost; therefore, Satan shall not get an advantage over me with lust, because I am not ignorant to his devices (*2 Corinthians 2:11*).

I have been born again of the Spirit of God. Therefore, I am a new creature in Christ Jesus. The old (sinful, lustful, and lascivious) ways of my life have all passed away. And now, all things in my life have become new. I no longer have a nature of lust and sin. I now have a new nature – the nature of God through Christ Jesus (*2 Corinthians 5:17*).

God, You are my strength and power over all forms and manners of lust, and You make my way straight before You (*2 Samuel 22:33*).

I am confident in whom I believe (the Lord Jesus Christ). And I am fully persuaded that He is well able to keep me from any manner of lust and sin that the enemy brings against me (*2 Timothy 1:12*).

Through Your power and wisdom, I flee youthful lusts, and I follow after righteousness, faith, love, and peace – calling upon Your name, O Lord, out of a pure heart (*2 Timothy 2:22*).

I stand firm and strong in the liberty by which You have made me free from the power of lust and sin; and I will not allow myself to become entangled with lustful yokes of bondage (*Galatians 5:1*).

I am full of the Holy Ghost, and I walk continually in the spirit; therefore, I shall not fulfill the lusts of the flesh (*Galatians 5:16*).

I am born of God through Christ Jesus, and I have crucified the lusts and affections of the flesh (*Galatians 5:24*).

As I confess the Word of God over my life, it cuts away all ungodly desires, addictions, and habits from my mind, my heart, and my soul (*Hebrews 4:12*).

Through the power of the Holy Ghost I am able to lay down every weight and sin of lust that tries to hold me back. And I run with patience the race that is set before me (*Hebrews 12:1*).

When I am tempted of the devil, I will not take (receive) any of his unrighteous, immoral, or ungodly thoughts. Instead, I will do like Jesus, and rebuke every one of the devil's thoughts with the Word of God (*Matthew 6:25; Matthew 4:2-11; James 4:7*).

The Lord keeps me from falling to overwhelming temptations, and He delivers me from all evil and traps of the devil (*Matthew 6:13*).

Because of Your mercies to me, I present my body as a living sacrifice, holy and acceptable to You. I do not allow my mind to become conformed to the lust, sin, and lasciviousness of this world. Instead, I continually transform and renew my mind to the mind and image of Christ, as I pray and confess the Word of God (*Romans 12:1-2*).

I will not allow Satan to manipulate, control, or occupy my mind. I will keep my mind upon things that are true, honest, just, pure, lovely, things that are of a good report, things of virtue, and things that give God praise (*Philippians 4:8*).

The Lord strengthens me and keeps me from being drawn to the seduction and temptations of the strange (luring or enticing) woman/man (*Proverbs 2:16*).

I will not (willfully) set any wicked thing before my eyes. I am disciplined in the Holy Ghost not to watch any movies, television programs, or anything else that would lead me to sin or lust (*Psalms 101:3*).

All the members and parts of my body belong to the Lord. And I shall not yield any of the members of my body as instruments of unrighteousness unto sin. Instead, I choose to yield the members of my body unto the Lord as instruments of righteousness unto Him (*Romans 6:13*).

My body is the temple of the Holy Ghost. Therefore, I shall not yield my body to lust or sin in any manner (*Romans 6:16*).

Lord, You strengthen and empower me to overcome lust, lasciviousness, and sexual sins and temptations – not by my own might, nor by my own power, but by the strength and power of the Lord of hosts (*Zechariah 4:6*).

As I seek first Your will, Your kingdom, and Your righteousness, I learn to put all lust behind me (*Matthew 6:33*). Forgive me, Lord, for the idolatry of lust in my life that has come as a result of my failure to put You and Your righteousness first. Thank You for delivering me from lust and sexual sin. Through the power of Your might (*Ephesians 6:10*), I will stand fast in the liberty Christ has given to me, and I will no longer be entangled with the yoke of bondage (*Galatians 5:1*).

Adapted from the books *The Weapons of Our Warfare – Volume 3 (The Keys to the Kingdom)*, Kenneth Scott, Spiritual Warfare Ministries, Birmingham, Alabama, pp. 126-131 and *Bible Prayers for All Your Needs*, Victory House Publishers, Tulsa, Oklahoma.